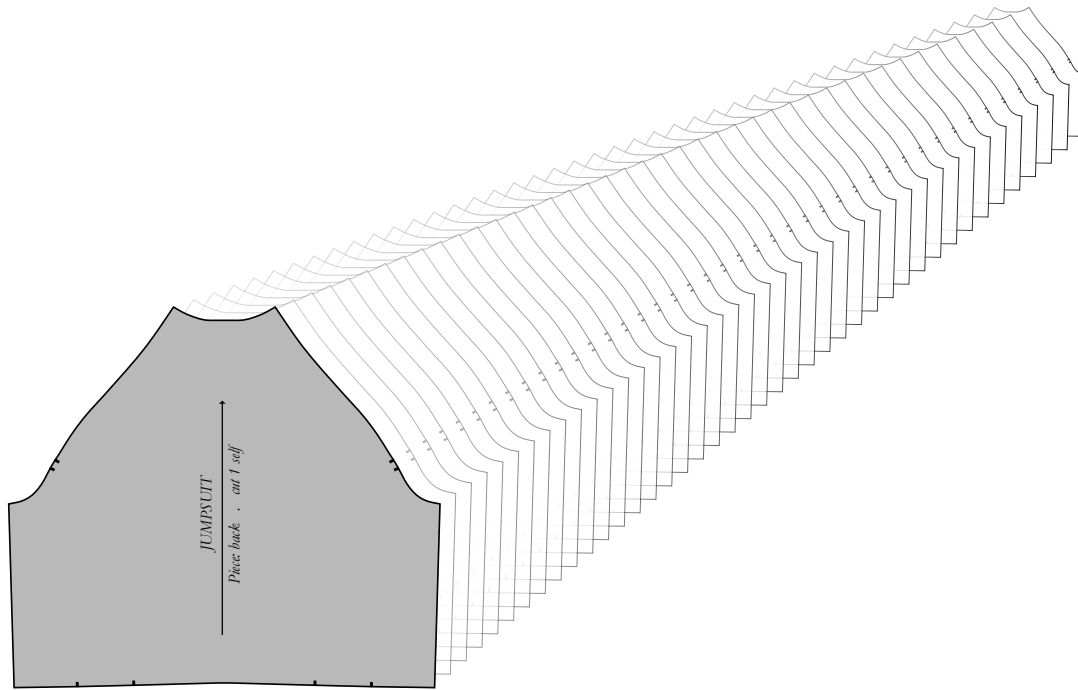# The Rational Dress Society Official Guide to Anthropometric JUMPSUIT Sizing

DOCUMENT: RDS . JUMPSUIT
Sizing for the Future

The Rational Dress Society sizing system is from the future. The following information is a guide to determining which JUMPSUIT is right for you.

Current models of industrial manufacturing limit the range of available sizes, thereby reducing our bodies to interchangeable units; a size small for example, or an extra large. Anyone who has ever shopped for a pair of jeans, however, can identify with the alienating feeling of inhabiting an unruly or non-compliant body. In order to achieve the visual uniformity fundamental to JUMPSUIT an entirely new approach was developed.

JUMPSUIT is an ungendered garment. Unlike unisex garments of the past, which were made in larger sizes and were often ill-fitting, JUMPSUIT embraces the differences between individuals while maintaining the visual oneness of the collective!

Using anthropometric data from sources including NASA, we created a new, radically inclusive sizing system based on three base body types: **V** which skews larger at the chest, **I** which has an even proportion between the hips and chest, and **A** which skews broader at the hip. To each of these body types bust darts may be added to accommodate breasts.

The resulting garment comes in 248 unique sizes!

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GETTING STARTED:

We at the Rational Dress Society believe that an ill-fitting garment is an irrational one! Please answer the following questions to determine which monogarment is right for you.

1. **Would you like a Fitted or an Unfitted JUMPSUIT?**

   Rational Dress Society JUMPSUITS come with and without bust darts for the accommodation of breasts. "Fitted" denotes a monogarment with small bust darts for comrades who would prefer shaping around the chest. "Unfitted" monogarments have a slightly roomier fit throughout the top portion of the garment. Both "Unfitted" and "Fitted" JUMPSUITS have a semi-tailored silhouette allowing for easy range of movement.

2. **What is your height in feet and inches?**

3. **What is your chest measurement?** *(Measured from the fullest part of your chest/bust level)*

4. **What is your waist measurement?** *(Measured at the narrowest point of your natural waist)*

5. **What is your seat or bum measurement?** *(Measured at the widest point of your seat/hip including the full butt!)*

6. **Will you be wearing layers under your JUMPSUIT, such as long underwear or quilted liners?** *If you answered "Yes" then add 2-4 inches to your circumference measurements depending on the amount of extra layers you anticipate wearing. *Recored adjustments if using*

   **Adjusted chest   *Adjusted waist   *Adjusted hip*

7. **Do you prefer to wear the crotch on your pants low?** *If you answered "Yes" shift your height category to the next taller category.*

8. **Do you have especially muscular thighs?** *For example, if you are an athlete. If you answered "Yes," add 2 inches to your hip measurement and return to step four, as your body type category will have likely changed.*
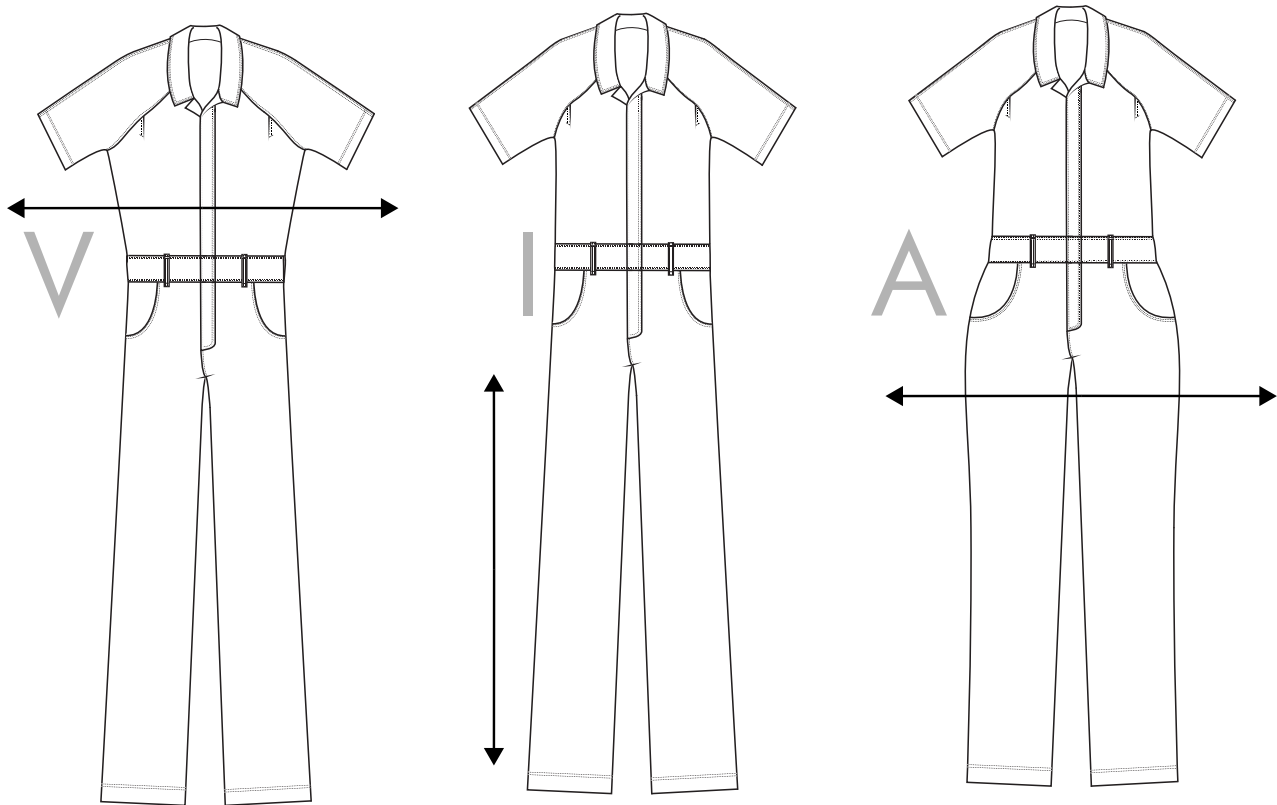
   *Adjusted hip

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DETERMINING YOUR BODY TYPE: "I", "V" or "A"

To determine which of the three JUMPSUIT body types best works for you, you will need to calculate the difference between your chest and waist, and your waist and seat measurements.

1. **To calculate your chest difference: Subtract your waist measurement from your chest measurement.** *For example, subtract a 28" waist measurement from a 37" chest measurement for a difference of 9".*

Chest Difference:

2. **To calculate your seat difference: Subtract your waist measurement from your bum or seat measurement.** *For example, subtract a 28" waist measurement from a 39" seat/bum measurement for a difference of 11".*

Seat Difference:

3

The Rational Dress Society Official Guide to Anthropometric JUMPSUIT Sizing

DOCUMENT: RDS . JUMPSUIT
Sizing for the Future

Your JUMPSUIT Pattern:

To locate your size, please find the correct table based on your body type and category of Fitted or Unfitted. Then, using your height, locate your correct monogarment size!

Fitted I monogarments have a:
Chest difference between 6" & 9"
And a seat difference between 9" & 12"

Fitted V monogarments have a:
Chest difference between 9.5" & 12.5" or above
And a seat difference between 9" & 12"

Fitted A monogarments have a:
Chest difference between 6" & 9"
And a seat difference between 12.5" & 15.6" or above

Unfitted I monogarments have a:
Chest difference between 5" & 7"
And a seat difference between 5" & 7"

Unfitted V monogarments have a:
Chest difference between 7.5" & 10.5" or above
And a seat difference between 5" & 7"

Unfitted A monogarments have a:
Chest difference between 5" & 7"
And a seat difference between 7.5" & 10.5" or above

Example measurements:

- *Sample measurements for a Fitted I category:* A comrade who wishes to have bust darts to accommodate breasts for example, would first select from the "Fitted" sizing tables. Measuring 36" in the chest, 27" at the waist and 38" in the hip, this comrade would select the Fitted I category based on achest difference of 9 and seat difference of 11. With an example height of 5'3" this JUMPSUIT wearing individual would select the size *Delta!*

- *Sample measurements for a comrade with differences greater than the provided tables:* When selecting your JUMPSUIT pattern, always prioritize the largest of the three circumference measurements. All clothing patterns are developed starting with the largest measurement taken on the body. If for example, your hip measurement is the largest of your three circumference measurements you would use this to determine the size that is most close to your form. A comrade with measurements of 45" in the chest, 36" at the waist, and 51" in the hip (chest difference of 9 and seat difference of 15) would wear either an Unfitted A or a Fitted A depending on their preference of fit. The same is true for the V body type - if your chest measurement is the largest of your three circumference measurements then you would prioritize this measurement in determining your JUMPSUIT size.

- *Sample measurements for comrades split between two categories:* If your calculations have you landing between two different sizes, we always recommend that you select the larger of the two sizes. When sewing your monogarment it is always easier to take a garment in than it is to let it out.

4

The Rational Dress Society Official Guide to Anthropometric JUMPSUIT Sizing

DOCUMENT: RDS . JUMPSUIT
Sizing for the Future

Fitted I Body Type:

Chest difference between 6" & 9"
And a seat difference between 9" & 12"

Chest	32-34"	34-36"	36-37.5"	37.5-39"	39-41"	41-44"	44-47"	47-50"
Hip	35-37"	37-39"	39-40.5"	40.5-42	42-44	44-47	47-50	50-53
Height								
4' 11" - 5' 2"	tango	echo	golf	nootas	omega	january	rán	beta
5' 2" - 5' 4"	december	delta	robey	wallace	romeo	victor	tesseract	tori
5' 4" - 5' 6"	alpha	hotel	x-ray	george	uniform	orion	sköll	jakarta
5' 6" - 5' 9"	bravo	charlie	herschel	jasper	north	daisy	quasar	winter
5 '9" - 6'	spring	november	mike	grecko	cairo	salt	suzhou	finch

Fitted V monogarments have a:

Chest difference between 9.5" & 12.5" or above
And a seat difference between 9" & 12"

Chest	35-37"	37-39"	39-40.5"	40.5-42"	42-44"	44-47"	47-50"	50-53"
Hip	35-37"	37-39"	39-40.5"	40.5-42"	42-44"	44-47"	47-50"	50-53"
Height								
4' 11" - 5' 2"	honor	location	tile	infinite	brave	coffee	drive	truth
5' 2" - 5' 4"	love	beijing	friend	union	glitter	spoon	lamp	amphibian
5' 4" - 5' 6"	auto	eclipse	salad	phone	propeller	feline	goblet	rational
5' 6" - 5' 9"	shell	equinox	knife	atlas	positive	asteroid	hubble	parrot
5 '9" - 6'	jacuzzi	bloomer	seed	neptune	mars	accent	phoebe	
6' - 6' 4"	star	gulp	companion	index	doxa	mimas	spiral	

Fitted A monogarments have a:

Chest difference between 6" & 9"
And a seat difference between 12.5" & 15.6" or above

Chest	32-34"	34-36"	36-37.5"	37.5-39"	39-41"	41-44"	44-47"	47-50"
Hip	38-40"	40-42"	42-43.5"	43.5-45"	45-47"	47-50"	50-53"	53-56"
Height								
4' 11" - 5' 2"	august	pi	lima	willow	cactus	september	xander	carmen
5' 2" - 5' 4"	kilo	yankee	whiskey	quebec	oscar	sierra	california	rio
5' 4" - 5' 6"	july	lambda	hi	nu	leo	latin	dakar	hera
5' 6" - 5' 9"	mu	iota	umlat	virgo	libra	togo	curie	keano
5 '9" - 6'	newton	zeus	sailboat	curry	quito	fancy	legrende	feather

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Unfitted I monogarments have a:
Chest difference between 5" & 7"
And a seat difference between 5" & 7"

Chest	34.5-36.5"	36.5- 38"	38-40"	40-41.5"	41.5-43.5"	43.5-46.5"	46.5-49.5"	49.5-52.5"
Hip	35-37"	37-39"	39-40.5"	40.5-42"	42-44"	44-47"	47-50"	50-53"
Height								
4' 11" - 5' 4"	gravity	neutral	autumn	venus	moon	dione	talon	memory
5' 4" - 5' 7"	march	gamma	uranus	galaxy	tara	giles	spike	essay
5' 7" - 5' 9"	corvus	titus	argos	bagel	capricorn	arctic	flamingo	atom
5' 9" - 5' 11"	cloud	epsilon	aquarius	may	andromeda	sculptor	hydra	kino
5' 11" - 6'1"	sombrero	draco	canus	cigar	polar	june	barcelona	velocity
6' 1" - 6' 4"	october	tadpole	lynx	bode	sól	legos	calypso	

Unfitted V monogarments have a:
Chest difference between 7.5" & 10.5" or above
And a seat difference between 5" & 7"

Chest	37.5-39.5"	39.5- 41"	41-43"	43-44.5"	44.5-46.5"	46.5-49.5"
Hip	35-37"	37-39"	39-40.5"	40.5-42"	42-44"	44-47"
Height						
5' 4" - 5' 7"	pacific	skiff	ursa	radio	nótt	pices
5' 7" - 5' 9"	jupiter	taurus	gemini	nova	cancer	vör
5' 9" - 5' 11"	magellan	april	buffy	pluto	cartwheel	athena
5' 11" - 6'1"	diana	sunflower	boötes	aires	max	luna
6' 1" - 6' 4"	rufus	hermes	leto	demeter	fons	owl

Unfitted A monogarments have a:
Chest difference between 5" & 7"
And a seat difference between 7.5" & 10.5" or above

Chest	34.5-36.5"	36.5- 38"	38-40"	40-41.5"	41.5-43.5"	43.5-46.5"	46.5-49.5"	49.5-52.5"
Hip	38-40"	40-42"	42-43.5"	43.5-45"	45-47"	47-50"	50-53"	53-56"
Height								
4' 11" - 5' 4"	society	nosh	hyperion	wuhan	octave	neutrino	ooloi	maldini
5' 4" - 5' 7"	axel	thesis	madrid	solar	vista	ultra	schweinsteiger	hawk
5' 7" - 5' 9"	stellar	pompom	neutron	fall	elipse	deal	million	horn
5' 9" - 5' 11"	fork	saturn	mercury	ion	akocha	tumble	fossey	bogotá
5' 11" - 6'1"	orbit	elsewhere	helene	cantona	attention	canine	jairzinho	
6' 1" - 6' 4"	earth	quark	anthony	rice	pause	mercury		

Congratulations comrade!

You have now determined your JUMPSUIT size. Perhaps you are a size infinite, or a tadpole, or a delta. Click on the link in our [JUMPSUIT sizing table](#) to download and print your monogarment pattern. Freedom from the tyranny of choice is nigh!